



Timetable December 2020

Monday

Time	Class	Zoom Code
16:00 – 16:40	Rising Heroes and Young Legends	https://us02web.zoom.us/j/89919065231?pwd=V2N3dHVGaVl6WFZaNIRjbytUR1VPUT09 Meeting ID: 899 1906 5231 Passcode: sensei
17:00 – 17:45	Urban Warriors #1	https://us02web.zoom.us/j/87551915925?pwd=c1pLZE03RVFoU0FMT2d6YkxtK0M1Zz09 Meeting ID: 875 5191 5925 Passcode: sensei
18:00 – 18:40	Fitness Class	https://us02web.zoom.us/j/86832815808?pwd=VHRDVWd6T0oxOXFJZE84NmUzMTk1QT09 Meeting ID: 868 3281 5808 Passcode: gettingfit
18:55 – 19:40	Urban Warriors #2	https://us02web.zoom.us/j/87551915925?pwd=c1pLZE03RVFoU0FMT2d6YkxtK0M1Zz09 Meeting ID: 875 5191 5925 Passcode: sensei
19:50 – 20:50	Tai Chi	https://us02web.zoom.us/j/85103586354?pwd=bGkwOXJXeWlOeUNQWTUvM3FNVnVBZz09 Meeting ID: 851 0358 6354 Passcode: sifu



Tuesday

Time	Class	Zoom Code
13:00 – 14:00	Seated Karate	https://us02web.zoom.us/j/85654665983?pwd=anhKME50VHNBTvZDU0UWdm9ibWRYQT09 Meeting ID: 856 5466 5983 Passcode: karate
16:00 – 16:40	Rising Heroes	https://us02web.zoom.us/j/83716704350?pwd=K2haL0YxaW9MaHhNMktMMVd2d290UT09 Meeting ID: 837 1670 4350 Passcode: sensei
16:55 – 17:35	Young Legends	https://us02web.zoom.us/j/89919065231?pwd=V2N3dHVGaVl6WFZaNIRjbyUR1VPUT09 Meeting ID: 899 1906 5231 Passcode: sensei
17:55 – 18:40	Urban Warriors	https://us02web.zoom.us/j/87551915925?pwd=c1pLZE03RVFoU0FMT2d6YkxtK0M1Zz09 Meeting ID: 875 5191 5925 Passcode: sensei
18:50 – 19:50	Ladies only Kickboxing	https://us02web.zoom.us/j/82628513742?pwd=UVZ1T01mejNOWW5jME9WOEdCMmxSZz09 Meeting ID: 826 2851 3742 Passcode: sensei
20:00 – 21:00	Ladies only Karate	https://us02web.zoom.us/j/83839785634?pwd=c04weXl6WkVITFBzME1YNkJMeFhpZz09 Meeting ID: 838 3978 5634 Passcode: sensei



Wednesday

Time	Class	Zoom Code
14:15 – 15:45	Seated Martial Arts classes	https://us02web.zoom.us/j/81357532693?pwd=d1NNZHBoOVZERGN5OWJRWmZ5Z3pndz09 Meeting ID: 813 5753 2693 Passcode: martialart
16:00 – 16:40	Rising Heroes and Young Legends	https://us02web.zoom.us/j/89919065231?pwd=V2N3dHVGaVl6WFZaNIRjbytUR1VPUT09 Meeting ID: 899 1906 5231 Passcode: sensei
16:55 – 17:40	Urban Warriors	https://us02web.zoom.us/j/87551915925?pwd=c1pLZE03RVFoU0FMT2d6YkxtK0M1Zz09 Meeting ID: 875 5191 5925 Passcode: sensei
18:00 – 19:00	MMB	https://us02web.zoom.us/j/87372813298?pwd=T243MHJZZ0dGRUdBMEM1OFp1UjRTQT09 Meeting ID: 873 7281 3298 Passcode: mmbisgreat
19:10 – 20:10	Tai Chi	https://us02web.zoom.us/j/85103586354?pwd=bGkwOXJXeWlOeUNQWTUvM3FNVnVBZz09 Meeting ID: 851 0358 6354 Passcode: sifu
20:15 – 21:15	Adults Class	https://us02web.zoom.us/j/85103586354?pwd=bGkwOXJXeWlOeUNQWTUvM3FNVnVBZz09 Meeting ID: 851 0358 6354 Passcode: sifu



Friday

Time	Class	Zoom Code
13:00 – 14:00	Seated Tai Chi (Zoom only)	https://us02web.zoom.us/j/89246279396?pwd=VXlhRi9YS2lxcjVxK3RwODIxUUtUdz09 Meeting ID: 892 4627 9396 Passcode: taichi
13:00 – 14:00	Tai Chi	https://us02web.zoom.us/j/85103586354?pwd=bGkwOXJXeWlOeUNQWTUvM3FNVnVBZz09 Meeting ID: 851 0358 6354 Passcode: sifu
16:00 – 16:40	Rising Heroes and Young Legends	https://us02web.zoom.us/j/89919065231?pwd=V2N3dHVGaVl6WFZaNIRjbytUR1VPUT09 Meeting ID: 899 1906 5231 Passcode: sensei
16:55 – 17:45	Squad	https://us02web.zoom.us/j/84922409063?pwd=Q2ZNTmk5emsyNG52bDlxb3k0cDk5UT09 Meeting ID: 849 2240 9063 Passcode: sensei
18:00 – 19:00	MMB	https://us02web.zoom.us/j/87372813298?pwd=T243MHJZZ0dGRUdBMEM1OFp1UjRTQT09 Meeting ID: 873 7281 3298 Passcode: mmbisgreat
19:10 – 20:10	Urban Warriors and Adults	https://us02web.zoom.us/j/87551915925?pwd=c1pLZE03RVFoU0FMT2d6YkxtK0M1Zz09 Meeting ID: 875 5191 5925 Passcode: sensei



Sunday

Time	Class	Zoom Code
09:00 – 09:40	All Kids	https://us02web.zoom.us/j/82837097986?pwd=WEJPaU9lUzdRNndoMkZyaG1KZlI3QT09 Meeting ID: 828 3709 7986 Passcode: sensei
10:00 – 10:50	Family Class	https://us02web.zoom.us/j/85124580105?pwd=aHpRS05VSU5NMIJxM3NTM1hFMG1TZz09 Meeting ID: 851 2458 0105 Passcode: sensei